

# Anastasios Nikola

Psychologist, Cyberpsychologist

@ [ana.nikola@aueb.gr](mailto:ana.nikola@aueb.gr)

---

## EDUCATION

---

**National Kapodistrian University of Athens**

**June, 2024**

*MSc Cyberpsychology*

- Master thesis: Greek adaption and psychometric evaluation of the Smartphone Distraction Scale

**National Kapodistrian University of Athens**

**July, 2022**

*BSc Psychology*

- Thesis: Depression, Anxiety and Stress as predictors of Internet Gaming Disorder (IGD)

## RESEARCH INTERESTS

---

- Cyberpsychology: human behavior in the digital environment, motivations for using internet applications, online games, smartphone distraction, algorithmic identity
- Artificial Intelligence: human-machine interaction, ethical issues of artificial intelligence, use of A.I and its effect on decision-making
- Consumer Psychology: psychological factors that influence consumer behavior in cyberspace, sustainability and ethical consumption, consumer response to applications using artificial intelligence

## PUBLICATIONS AND CONFERENCES

---

Sidiropoulou, A., Andrianos, P., Giannakouloupoulos, A., Gkiolia, O., Katelanou, M., Nikola, A., Papadatou, A., Thanou, K., Trigka, E. & Vlachaki, M. (In Press). Netflix as a comfort zone: Qualitative research on subjective experience of viewing. *Psychology: the Journal of the Hellenic Psychological Society*.

Gazi, A., Katelanou, M., Lampropoulou, A., Nikola, A. & Thanou, K. (2023). *Investigating Social Representations' Theory via Digital Research Methods*. [Accepted]. Conferencia Internacional sobre Representaciones Sociales, CIRS 2023 Bogotá, Colombia